

FYI

- Withdrawal of cash funds from account is not allowed.
- Any funds left on account at the end of a school year will be transferred with the student to the next grade and/or school.
- Funds placed on account are for food Service purchases only.
- For employment opportunities or to become a school nutrition substitute please call Mary Borg 926-9826
- Teachers and faculty may also set up accounts for food purchases.
- Students at the Academy School are required to use their student ID cards or numbers for all purchases.

Free/Reduced Meal Program

Applications are available at all school offices.

Families must reapply for Free/Reduced meals each school year.

Dietary Restrictions

Students with Special Dietary restrictions need to have a *Special Meals Prescription Child Nutrition Program form* on file in the school nutrition office. **This form must be updated every school year.**

PRICING

CENTRE AND MARSTON SCHOOLS

Breakfast	\$1.50 / Reduced	\$.30
Milk 8 oz.	\$.40	
Juice 4oz.	\$.35	
Lunch	\$2.90 / Reduced	\$.40

HAMPTON ACADEMY

Breakfast	\$1.50 / Reduced	\$.30
Milk 8 oz.	\$.40	
Juice 4 oz.	\$.35	
Lunch	\$2.90 / Reduced	\$.40

SNACKS

Assorted snacks are available at all schools at a cost of \$.65 and up.

Hampton School Nutrition Program

Mary Borg
Food Service Director
Email: mborg@sau90.org



www.sau90.org

Address: 4 Marston Way, Hampton
Tel. (603) 926-9826
Fax: (603) 926-7896

Hampton Food Service
Nutrition Program
2018 - 2019



Program Guide

OVERVIEW

In our continuing effort to improve our school districts' nutrition service we have created this guide to assist you in better understanding and utilizing our program.

The food service department Nutrition Program offers breakfast, lunch, milk, and snacks to students and faculty each day.

Centre and Marston school students may choose from three different lunch choices each day. These choices are hot meals, yogurt and/or an assortment of sandwiches along with a variety of fruits and vegetables. Breakfast choices range from hot breakfast sandwiches, yogurt, cereal, breakfast bagels, muffins, and more.

The **Academy School** students have an expanded variety of lunch choices that include fresh baked pizzas, burgers, chicken sandwiches, deli sandwiches, pre made garden salads' and a traditional hot meal selection. Breakfast choices include hot breakfast sandwiches, cereals, breakfast bagels, and more. Assorted snacks sold daily.

All meals are offered with a variety of **fruits** and **vegetables** as well as choices of **milk**.

All Menus Meet The Federal Nutritional Guidelines

STUDENT ACCOUNTS

Every student in the district, has been set up with and food service account. Accounts are pulled up from our computerized system using the student's name, ID card, or ID number. Each account contains a current account balance, purchase and payment histories, individual pricing structure, and notifies cashiers of any dietary and/or allergy concerns. All account information is private and every effort is made to secure account and student privacy.

Menus are written and distributed on a monthly basis. Menus are posted on the SAU website www.sau90.org.



MENUS

It's a great idea to review the menus with your children so you can help them plan their meals and learn about the variety of nutritious and fun meals offered by your schools' nutrition service.

PAYMENT OPTIONS

Both cash and checks are accepted for payment and balance of school meals.

Credit card payments are accepted on line at: www.myschoolbucks.com Viewing the balance is free. The payment includes small transaction fee.

When sending payment to school, please include the student's name on the check. Checks should be made out to: **HAMPTON NUTRITION PROGRAM**

Please be aware we have a charge limit of \$10.00. If you exceed the charge limit your child will not be able to purchase extra items,

It is very important to keep your student's account up to date. Parents are encouraged to consider making advanced payment on their student's account for multiple weeks or months. By paying in advance you can save time and you do not have to worry about planning your child's meals ahead of time.

